

## Highlights of Vienna

- Sigmund Freud's Vienna around 1900
- The 3 Viennese schools of psychotherapy: Freud - Adler - Frankl
- Classic city walks - tours by oldtimer bus, bike, Segway - guided tours through museums – architecture tours

### An excerpt of my favorite guided tours:

#### Classic walk through Vienna's city center with its highlights:

State Opera - Karlsplatz - Secession - Albertinaplatz - Hofburg - Spanish Riding School - Heldenplatz - Parliament - City Hall - Michaelerplatz - Graben - St. Stephen's Cathedral.

**Round trip with the oldtimer bus:** Ring, Prater, Danube, Naschmarkt, stop at Belvedere or Schönbrunn also combinable with a short walk through the Hofburg  
[www.oldtimertours.at](http://www.oldtimertours.at)

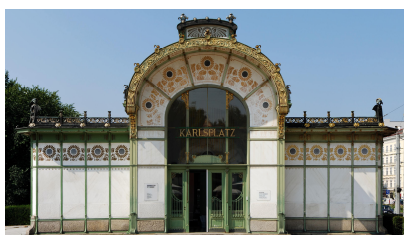
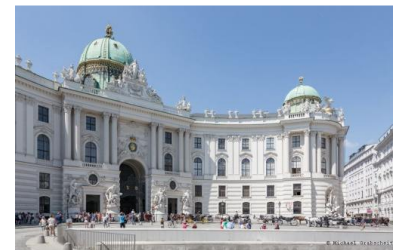
**Bike/Segway tour:** Highlights of the city center, Ring, Danube Canal - extension to Green Vienna with Prater, New Danube, Hundertwasser House

#### On Maria Theresia's and Sisi's tracks:

Through the Hofburg incl Hofburg Museums, Schönbrunn, Wagenburg, etc.

#### Architectural tours - contemporary and modern Vienna:

University of Economics (WU-Vienna) - Hundertwasserhaus, Kunsthaus, Otto Wagner - Postsparkasse, OW Stadtbahn pavilions.



## Sigmund Freud and Vienna around 1900

Dr. Sigmund Freud, the founder of psychoanalysis, interpreter of dreams, neurologist and sexual scientist lived and worked in Vienna until his emigration to London in 1938, one year before his death. On this tour we follow Freud's footsteps through the districts 1 and 9 accompanied by fascinating stories that make buildings and the locations connected to Freud alive.

We will make a journey back into the golden era of Vienna around 1900, the time when the ring avenue was built, art and culture had reached its climax through a large number of intellectuals, scientists and artists such as Sigmund Freud, Alfred Adler, Viktor Frankl, Stephan Zweig, Arthur Schnitzler, Karl Kraus, Gustav Mahler, Gustav Klimt etc. and which was abruptly ended through two world wars. See also [www.sigmundfreudtourvienna.com](http://www.sigmundfreudtourvienna.com)

Optionally we can add a guided tour through the Freud Museum. The walking tour including the museum will take around 3 hours.

Meeting point: in front of Cafe Landtmann, Universitätsring 4, 1010 Vienna

Length: 2 h

## Freud – Adler – Frankl: The 3 Viennese Schools of Psychotherapy

Psychoanalysis, individual psychology, and logotherapy are referred to as the 3 Vienna Schools of psychotherapy. The founders of these schools were Sigmund Freud, Alfred Adler and Viktor Frankl. All three had in common their origins, religious tradition and pioneering work in the field of psychotherapy. Follow with me the traces of Freud, Adler and Frankl in the 2nd district where they grew up and in the 1st and 9th district where they taught and worked as doctors.

**Tour 1: Freud, Adler and Frankl in Jewish Vienna** (2nd distr: approx. 1,5 km on foot)

Meeting p.: In front of Nestroyhof: Tempelgasse corner Czerningasse (U1 Nestroyplatz)

Length: 2h

**Tour 2: Adult age of Freud, Adler and Frankl** (recommendable to do Tour 1 first)  
(1+9. district, longer distances by foot, approx. 3,5 km)

Meeting p.: In front of Hotel Capricorno: Schwedenplatz 3-4 (U1, U2, U4 Schwedenplatz)

Length: 2h

Price for 2hrs:	205 €(1-4 persons), 260 €(5-10 pers), 300 €(11-20 pers) 100 EUR per additional hour, excluding museum entry, vehicles.
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